

AAP-OC CALIFORNIA CHAPTER
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CURRENT ADVANCES
IN PEDIATRICS

IRVINE MARRIOTT HOTEL
IRVINE, CALIFORNIA

SEPTEMBER 19-21, 2025



American Academy of Pediatrics
Orange County Chapter
INCORPORATED IN CALIFORNIA



PRESENTS THE 41st ANNUAL

CURRENT ADVANCES
IN PEDIATRICS



Tide Pools, Newport Beach

September 19-21, 2025

The Irvine
Marriott Hotel

IRVINE,
CALIFORNIA

THIS PROGRAM IS CO-SPONSORED BY:

DEPARTMENT OF PEDIATRICS
UC Irvine &

CHILDREN'S HEALTH OF ORANGE COUNTY
(CHOC)



GENERAL INFORMATION

THE IRVINE MARRIOTT HOTEL:

Whether you're traveling to Orange County Chapter for business or pleasure, the Irvine Marriott puts you in the center of it all. Our hotel in Irvine, CA, features a contemporary renovated lobby and lounge with live entertainment, intimate gathering spaces and unique dining experiences. The hotel is ideally situated just minutes from famous Southern California beaches, world-class shopping at Irvine Spectrum and South Coast Plaza, Disneyland and golf. Just two blocks from John Wayne Airport (SNA), we offer complimentary shuttle service to and from the transportation hub, providing a relaxing and hassle-free travel experience. After dining in our FLOE Lounge, work out in the state-of-the-art fitness center or relax by the newly remodeled swimming pool.

BREAKFAST AND COFFEE BREAKS WILL BE PROVIDED DAILY

OPTIONAL LUNCHEON WORKSHOPS will be held on Friday and Saturday afternoons, as listed in the program. **An additional fee of \$85/95** will be charged for each workshop attended (includes plated lunch). While registering online, if your first choice is sold out it will prompt you to make a second choice. If you are responding via postal mail service, please indicate your first preference by listing workshop number on the registration form. If the workshop is full we will contact you to make another choice. Early registration is encouraged to ensure attendance at the workshop of your choice. A vegetarian meal is available upon request. Please indicate a meal preference or dietary restrictions on the registration form.

*Join us for our Poolside Reception! Friday, Septmeber 19th at 5:30 pm.
This reception is reserved for Faculty, Committee and Registered Attendees.*

CANCELLATION AND REFUND POLICY: A full refund will be given if notice is received before August 1, 2025. After that date a **\$100 cancellation fee** will be charged. **No refunds will be offered after September 1, 2025.**

INFORMATION: For additional information, please call (949) 752-2787, Fax (949) 752-2788, or contact the AAP-OC Chapter, California, 5000 Campus Drive, Newport Beach, CA 92660 Email: lamson.aap@gmail.com Website: www.aap-oc.org

GUEST FACULTY



JOHN C. ARNOLD, MD, FAAP
Pediatric Infectious Diseases, Professor of Health Sciences
University of California, San Diego
Rady Children's Hospital, San Diego
Del Mar, California



BETSY BUSCH, MD, FAAP
Developmental-Behavioral Pediatrics
Associate Clinical Professor of Pediatrics
Tufts University School of Medicine
Poway, California



MICHAEL M. CHU, MD, MHS
Child and Adolescent Psychiatrist
Consultation-Liaison and Emergency, Children's Health of Orange County
Assistant Clinical Professor (Volunteer), UC Irvine, Department of Psychiatry
Orange, California



DAWN Z. EICHENFIELD, MD, PHD
Assistant Professor of Dermatology
Rady Children's Hospital, San Diego
University of California, San Diego School of Medicine
San Diego, California



RONALD M. FERDMAN, MD, MED, FAAP
Chief, Division of Clinical Immunology and Allergy, Children's Hospital Los Angeles
Associate Professor Clinical Pediatrics, Department of Pediatrics
Keck School of Medicine, University of Southern California (USC)
Los Angeles, California



ROBERT H. LUSTIG, MD, MSL
Professor of Pediatrics, Division of Endocrinology
Emeritus Professor, Department of Pediatrics
Member, Institute for Health Policy Studies
University of California, San Francisco
San Francisco, California

All faculty members are required to disclose to the program audience any real or apparent conflict(s) of interest to the content of their presentation(s). This disclosure information will be located at the registration desk for review.

AAP-Orange County Chapter would like to thank the following companies for their generous support of this educational program.

Please visit their exhibits during the continental breakfasts and coffee breaks.

Abbott Nutrition	GeneDx
Alexion Pharmaceutical	GSK
Anytime Telecare	Merck Vaccines
Autism Learning Partners	Nutricia
ByHeart	OCHCA Public Health Services
California Optometric Association	PCC
CeraVe, LLC	Regeneron Pharmaceuticals
Cipher Pharmaceuticals	Reach Out and Read - Orange County
Children's Health of Orange County	Sanofi
Clarity Pediatrics	Seqirus
Collegium	Takeda Pharmaceuticals
Cooperative of American Physicians	TruHeight Vitamins
Gebauer Company	Verrica Pharmaceuticals

PROGRAM

American Academy of Pediatrics – Orange County Chapter, in conjunction with the Department of Pediatrics, University of California, Irvine, and Children’s Health Orange County (CHOC), invites you to attend this conference at the Irvine Marriott Hotel, Irvine, CA. The seminar is intended for Pediatricians, Family Practitioners, and Allied Health Professionals. It will emphasize newer treatments and their practical applications for both the office and hospital practice of pediatrics. **This year’s program will focus on topics that include: Allergy, Child Psychiatry, Dermatology, Developmental Behavior, Endocrinology & Nutrition and Infectious Diseases.**

SCHEDULE OF EVENTS

FRIDAY, September 19, 2025

7:00 a.m.	Registration & Continental Breakfast. Please Visit the Exhibits
7:45 a.m.	Welcome, Introductions, & Presiding Officer Danielle Curitore, MD - President, AAP-OC Chapter
8:00 a.m.	Asthma - SMART Therapy.... And, Can We Make It Smarter? Ronald M. Ferdman, MD
8:30 a.m.	Diagnosis and Management of ADHD with Comorbid and Psychiatric Disorders Betsy Busch, MD
9:00 a.m.	Obesogens: A New Way of Looking at Obesity Robert H. Lustig, MD
9:30 a.m.	Coffee Break – Visit the Exhibits Presiding Officer: Reshmi Basu, MD Immediate Past President, AAP-OC Chapter
10:00 a.m.	CMV: A Common, Too Often Overlooked Infection and Common Cause of Hearing Loss John C. Arnold, MD
10:30 a.m.	Difficult Rashes You Should Know: Part 1 Dawn Z. Eichenfield, MD
11:00 a.m.	Suicide Risk in Youth: Screening, Prevention, and Crisis Management Michael M. Chu, MD
11:45 a.m.- 12:15 p.m.	Meet the Professors Panel: John C. Arnold, MD, Betsy Busch, MD, Michael M. Chu, MD, Dawn Z. Eichenfield, MD, Ronald M. Ferdman, MD and Robert H. Lustig, MD Moderator - Harry Pellman, MD CME Committee Chair, AAP-OC Chapter
12:15-2:00 p.m.	Luncheon Workshops (optional) Listed alphabetically by speaker's last name

Join us for our Poolside Reception! Friday, September 19th at 5:30 pm. This reception is reserved for Faculty, Committee and Registered Attendees.

LUNCHEON WORKSHOPS

- 1. Emerging Infections in the Southwestern US**
John C. Arnold, MD
- 2. Helping College Students with ADHD Achieve Success**
Betsy Busch, MD
- 3. Navigating Complex Cases in Pediatric Mental Health: A Case Based Approach**
Michael M. Chu, MD
- 4. Atopic Dermatitis, Combining the Old with the New**
Dawn Z. Eichenfield, MD
- 5. Potpourri of Random (but Interesting) Allergy and Immunology Conditions**
Ronald M. Ferdman, MD
- 6. Case Studies in Puberty**
Robert H. Lustig, MD

SATURDAY, September 20, 2025

7:00 a.m.	Continental Breakfast – Visit the Exhibits
7:55 a.m.	Presiding Officer: Presiding Officer: Tommy Wang, MD CME Committee Member, AAP-OC Chapter
8:00 a.m.	Difficult Rashes You Should Know: Part 2 Dawn Z. Eichenfield, MD
8:30 a.m.	Syphilis: Why it has Become Important for Pediatricians to Know All about This John C. Arnold, MD
9:00 a.m.	The Social Media Effect: Its Effect on Children's Mental Health and Suggestions for Primary Care Michael M. Chu, MD
9:30 a.m.	Coffee Break – Visit the Exhibits Presiding Officer: Vice President: Clarisse Casilang, MD Vice President, AAP-OC Chapter
10:00 a.m.	What to do if the First ADHD Medication Does Not Work Out Betsy Busch, MD
10:30 a.m.	Anaphylaxis Update on Guidelines and Treatment Ronald M. Ferdman, MD
11:00 a.m.	The Nutrition Transition from Fetus to Toddler: What and How They Eat Robert H. Lustig, MD
11:30 a.m.	Meet the Professors Panel: John C. Arnold, MD, Betsy Busch, MD, Michael M. Chu, MD, Dawn Z. Eichenfield, MD, Ronald M. Ferdman, MD and Robert H. Lustig, MD Moderator - Eric Ball, MD, District Chair, AAP-CA District IX, Past President, CME Co-Chair, AAP-OC Chapter
12:15-2:15 p.m.	Luncheon Workshops (optional) The workshops are repeated on Saturday to enable you to attend more than one workshop.

SUNDAY, September 21, 2025

Note: *There will be a five minute period to allow for questions following each presentation*

7:00 a.m.	Continental Breakfast – Visit the Exhibits
7:55 a.m.	Welcome: Presiding Officer: Colleen K. Cunningham, MD Professor and Chair, Department of Pediatrics University of California, Irvine Senior VP and Pediatrician in Chief, Children’s Health of Orange County (CHOC).
8:00 a.m.	Metabolical: Food Connections to Immunometabolism Robert H. Lustig, MD
8:35 a.m.	Surprising Diagnoses Made by Next Generation Sequencing: Some Interesting and Unusual Cases John C. Arnold, MD
9:10 a.m.	Immune Deficiency: When to Suspect and How to Proceed Ronald M. Ferdman, MD
9:45 a.m.	Coffee Break – Visit the Exhibits
10:10 a.m.	Prize Drawings: Harry Pellman, MD CME Committee Chair, AAP-OC Chapter Presiding Officer: Phyllis Agran, MD CME Committee, AAP-OC Chapter
10:15 a.m.	Acne, Managing Efficiently and Effectively Dawn Z. Eichenfield, MD
10:50 a.m.	Recognizing and Managing Pediatric Anxiety & Depression in Primary Care Michael M. Chu, MD
11:25 a.m.	Do ADHD Medications Have a Role in Preventing Pediatric/ Adolescent Accidents, Injuries, Concussions, and More? Betsy Busch, MD
12:00 p.m.	Closing Remarks

ACCREDITATION:The American Academy of Pediatrics, California Chapter 4 is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians. The American Academy of Pediatrics, California Chapter 4 takes responsibility for the content, quality and scientific integrity of this CME activity. The American Academy of Pediatrics, California Chapter 4, designated this **live** educational activity for a maximum of **15 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in this activity. These credits may also be applied to the CMA Certification in Continuing Medical Education.
MOC Part 2: Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 15 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

EARLY REGISTRATION IS RECOMMENDED to ensure your attendance at this conference and to receive your choices for the optional workshops. To encourage early registration, we are offering reduced conference rates to those who register before **August 18, 2025.**



THE 41ST ANNUAL
CURRENT ADVANCES IN PEDIATRICS

The Irvine Marriott Hotel, Irvine, California • September 19-21, 2025

MEETING ADVANCE REGISTRATION

Please remit to AAP-OC Chapter, 5000 Campus Drive, Newport Beach, CA 92660
Phone: (949) 752-2787 Fax: (949) 752-2788

Online registration: www.aap-oc.org

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

In an attempt to be environmentally responsible, we will provide a mini-syllabus (topic & lecture points only). If you desire a paper copy of the complete syllabus which includes all of the printed presentations, the cost will be \$50.00. You must purchase your paper syllabus in advance, preferably through your online registration process.

****A link to the full syllabus will be emailed to you prior to the conference****

	Before 8/18/25	After 8/18/25	
Members (AAP-OC Chapter only)	\$525	\$595	\$ _____
Nonmembers (Physicians)	\$625	\$695	\$ _____
Residents and Interns (Other than UCI/CHOC)	\$185	\$195	\$ _____
UCI & CHOC Residents -Conference Free (Luncheon/Workshop charge @ \$85/\$95/day)	\$0		\$ _____
Allied Health Professionals	\$375	\$400	\$ _____
Emeritus/Retired Physicians (AAP-OC Chapter MEMBERS no longer in practice)	\$345	\$370	\$ _____
Luncheon Workshops (optional) cost	\$85/day	\$95/day	\$ _____
Paper Syllabus (all lectures and workshops provided)	\$50.00 each		
Note: Paper Syllabus MUST BE PURCHASED IN ADVANCE			\$ _____
Mini-Syllabus (contains topic & lecture points) NO CHARGE			
Total Conference Cost (Registration + Syllabus fee)			\$ _____
Friday Luncheon Workshop (choices)	1st _____		
Saturday Luncheon Workshop (choices)	1st _____		
Vegetarian Lunch <input type="checkbox"/> Yes <input type="checkbox"/> No Dietary Restrictions _____			

Credit card registration for conference.

Major Credit Cards accepted: VISA ☐ MasterCard ☐ AMEX ☐ Discover ☐

Name as it appears on card: _____

Number _____ Exp. Date _____ CW# _____

I plan to stay at the Irvine Marriott Hotel. Yes ☐ No ☐

HOTEL ADVANCE REGISTRATION – Must be made with the hotel directly for our discounted rates

The Irvine Marriott Hotel, 18000 Von Karman Avenue, Irvine, CA 92612.
Call for discounted reservations (949) 553-0100 and ask for the American Academy of Pediatrics (AAP) group rate or, Marriott Hotel Discounted Reservation Link: **[RESERVATION LINK](#)**

Please be sure to identify this event when registering for the special room rate.

Special Event Discounted Room Rate \$189.00 (single/double room accommodations)
SPECIAL ROOM RATES ARE NOT GUARANTEED IF NOT RECEIVED BY August 28, 2025.
Hotel registration must include a major credit card as a deposit and is refundable only when the hotel is notified 24 hours before the arrival date.

Self-parking will be included in your registration fee this year as an added convenience.

Please use hotel entrance on Von Karman for self-parking. Surrounding parking structures will not be honored.

Valet is available to you at your own cost.