Addressing Pediatric SDOH through Healthcare and Housing

PRESENTED BY

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American Academy of Pediatrics
Orange County Chapter
INCORPORATED IN CALIFORNIA
AAP-OC

The Social Drivers of Health: Gaps & Opportunities in Pediatrics

A Catalyst to Action

CME & MOC-2 Conference

What is Homelessness?

The term "homeless" includes individuals who may:
- live on the streets
- stay in a shelter, mission, abandoned building, garage or vehicle
- be "doubled up" in a one bedroom or staying with different friends or family
- be in any other non-permanent situation

(National Health Care for the Homeless Council, 2015)

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Two Types of Homelessness

Intergenerational Homelessness

- Homelessness which systematically manifests in families
- Results from early childhood trauma which heavily impacts development, leading to traumatized adults who are unable to provide basic needs to their children

A need for accessible and affordable housing

Chronic Homelessness

- Homelessness is a way of life
- Recurring lack of financial resources
- HUD defines as:
  - continually homeless for one year or more **OR**
  - has had 4 or more episodes of homelessness in the last 3 years

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Children and Families Homelessness Numbers in 2024

Data from the 2024 point in time count in Orange County revealed that nearly 700 children and 347 families were experiencing homelessness. But the number could be significantly more, according to a report by the O.C. Grand Jury in 2023.

The point in time count in 2022 found that 722 children in O.C. were unhoused, but data tallied from the 28 O.C. school districts revealed that more than 23,000 children were unhoused.

School districts tally data based on the McKinney-Vento Homeless Assistance Act, which defines homelessness as a child not having a fixed place to sleep at night.

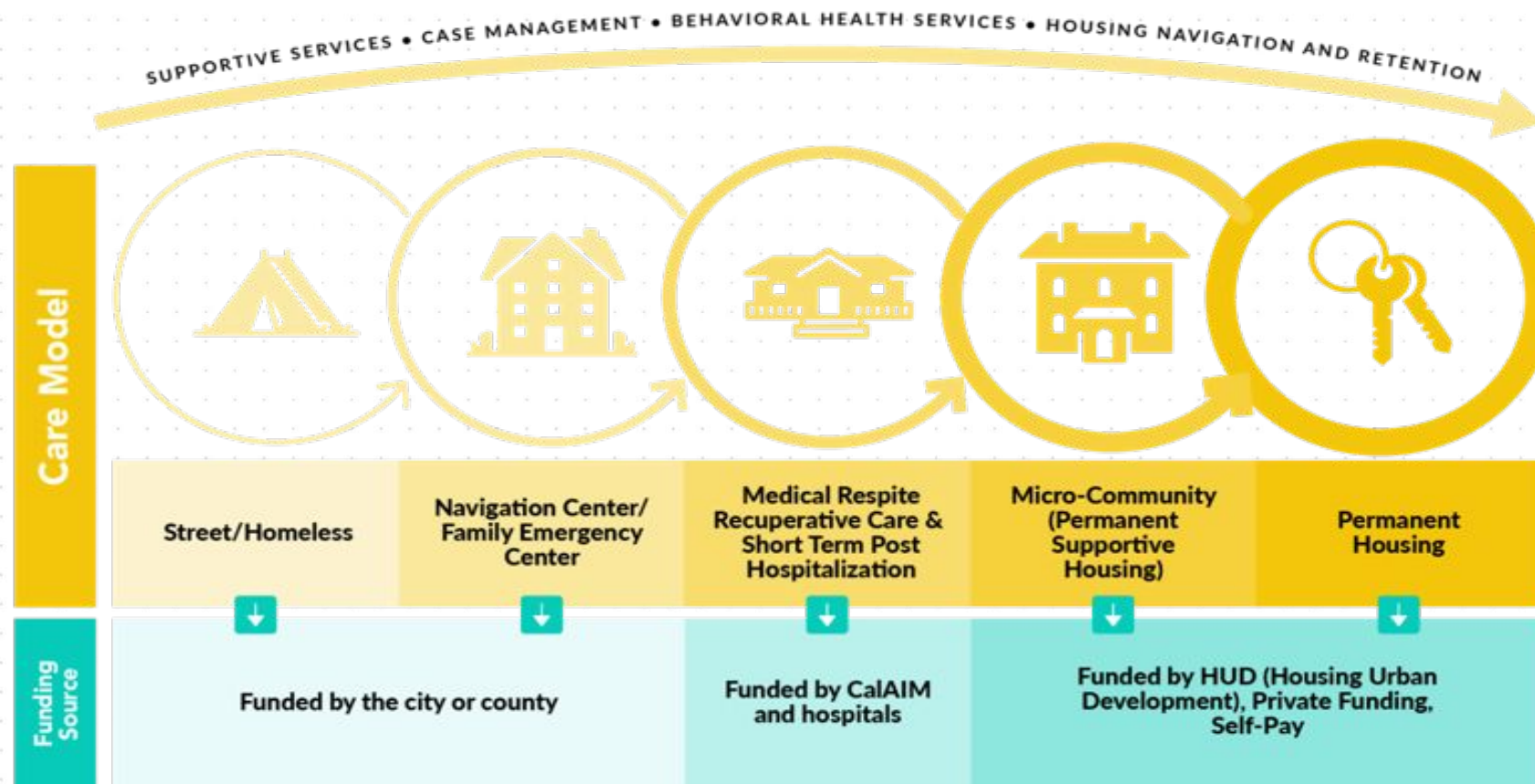| Gender	Unsheltered 4,173 Persons	Sheltered 3,149 Persons
Woman (Girl if Child)	26.98% 1,126 Persons	44.71% 1,408 Persons
Man (Boy if Child)	71.68% 2,991 Persons	54.81% 1,726 Persons

2024 HOUSEHOLD STATUS

Population	Description	Unsheltered (3,803) Households	Sheltered (2,456) Households	Total (6,259) Households
Individuals	Households with only adults 18 and older	3,747 Households 3,993 Persons	2,159 households 2,195 Persons	5,906 Households 6,188 Persons
Families	Households with at least one adult 18 and older and one child 17 or younger	56 Families 180 persons in households: 81 Adults 99 Children	291 Families 948 persons in households: 362 Adults 586 Children	347 Families 1128 persons in households: 443 Adults 685 Children
Unaccompanied Minors	Minors, 17 and younger not accompanied by an adult	0	6 households and 6 persons	6 households and 6 persons

What we saw in 2007…

HISTORY: This is a photo of the Fullerton Armory in 2007. This shelter is open in the colder months of the year from November to January. Illumination Foundation's founder was working as a Public Health Nurse at the time and was scheduled to meet one of his clients here. He was astonished by the number of children and families at the shelter who were affected by homelessness.

Street 2 Home System of Care

SUPPORTIVE SERVICES • CASE MANAGEMENT • BEHAVIORAL HEALTH SERVICES • HOUSING NAVIGATION AND RETENTION

Care Model

Street/Homeless	Navigation Center/ Family Emergency Center	Medical Respite Recuperative Care & Short Term Post Hospitalization	Micro-Community (Permanent Supportive Housing)	Permanent Housing

Funding Source

Funded by the city or county		Funded by CalAIM and hospitals	Funded by HUD (Housing Urban Development), Private Funding, Self-Pay	

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Illumination Foundation Sites

DISRUPTING THE CYCLE OF HOMELESSNESS

7	5	2	2	1	21	197
Medical Respite/ Recuperative Care	Family Shelters	Multi-Service Centers	Navigation Centers	Modular Housing (LifeArk)	Micro-communities	Scattered Sites

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CalAIM

- Medicaid expansion across the U.S. is making it possible for people who lack housing to access health care, as well as receive wrap-around services that address the Social Determinants of Health (SDOH), including housing.

- In California, California Advancing and Innovating Medi-Cal (CalAIM), is a far-reaching, multiyear plan to transform California's Medi-Cal program.

- Through housing supports, independent living supports, and Enhanced Care Management, CalAIM is trying to address the SDOH, as well as the accessibility and navigation challenges brought about by the current highly fragmented system of healthcare.

- Funding is through Managed Care Plans like CalOptima Health

Face of Family Homelessness

- The lack of affordable housing and the high cost of living means families are vulnerable to become homeless. Homelessness can happen to anyone.

  - Illness, injury, or job loss
  - Loss of income
  - Families living in their car or in a motel
  - Working families, including parents working two jobs
  - Evicted from home
  - Families on waiting list and lack of available spots

Operating Model

Family Emergency Homes:

- Provide families a safe haven from homelessness where they can focus on their goals and regain housing stability

- Provide supportive services

- Aim to graduate families within 90 days

Goal: Permanent housing

Family Emergency Homes

- **THERIAULT HOUSE:** 9-bedroom property located in Stanton. Serves families with at least one child 0-5 or an adult who is pregnant. Receives referrals from the Coordinated Entry System.

- **MURPHY HOUSE:** 7-bedroom property located in unincorporated Anaheim. Receives referrals from the Coordinated Entry System.

- **PLUMERIA HOUSE:** 6-bedroom property located in Anaheim. Receives referrals from the Coordinated Entry System. Designed to accommodate children with medical needs. (Wheelchair-accessible property, including ramps inside and outside the house and roll in shower.)

- **GILBERT HOUSE:** 5-bedroom property located in Anaheim. Receives referrals from the City of Garden Grove.

- **SHAH HAPPINESS HOME:** 5-bedroom property located in Lake Forest. Receives direct referrals.

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Family Emergency Homes

Theriault House

Murphy House

Plumeria House

Gilbert House

Shah Happiness Home

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Positive Childhood Experiences (PCEs) Help Build Resilience

- Cycles of poverty and homelessness can pass from generation to generation through both physiologic and environmental factors

- Children living below the federal poverty level are 5 times more likely to experience > 4 ACEs

- For each point increase in parental ACE score, odds of poor child health increases by 19%

- For each additional maternal ACE, there is an 18% increase in risk for developmental delay

- PCEs are experiences that promote safe, stable, and nurturing relationships and environments

- Both ACEs and PCEs impact housing stability: adults reporting unstable housing experience high ACEs at twice the rate of those with stable housing

- Adults reporting current stable housing experienced PCEs at double the rate of those with unstable housing

Children's Recuperative Care

- To serve children with ongoing medical needs who have been discharged from CHOC (Children's Hospital of Orange County) and whose families are identified as homeless.

- Each of these children should qualify for CalOptima's Enhanced Care Management enrollment and Community Supports funds for recuperative care.

- Opened first in the nation Children' Recuperative Care last fall.

- The home will initially house six families, and after completion of an expansion project, will house 10 families. Each family will have a private bedroom and will share the kitchen and living areas.

Nation's First Children and Families Recuperative Care

- 24/7 medical oversight
- Medical care coordination with LVN and Medical Assistant
- Education on medical compliance
- Case management
- Housing navigation
- Development and behavioral health screening
- Behavioral health counseling and connections
- Parenting education classes
- Education support services
- Enrichment programming

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Children and Families Recuperative Care Admission Criteria and Eligibility

Pre-Screen:
A nurse will visit the hospital to pre-screen the family and child. They will collaborate with the social worker and the discharge nurse to ensure that the discharge process and care plan remain consistent after the child leaves the hospital.

Family:
Recuperative care is a voluntary program, and background checks will be conducted on all adults and legal guardians accompanying the child. These checks will be performed through Megan's Law and local courts.

Housing:
Maximum of 3 people in a room.
There will be one to two adults per room with one recuperative care child. If the child gets readmitted into the hospital the process is as follows:

1. The family will be able to remain in recuperative unless admission is more than 1 week then
2. The family may be placed in a short-term hotel property in the surrounding city.

List of Accepted Diagnoses:
- Asthma Exacerbations
- Closed fractures including upper and lower extremity fractures with limited mobility. Constipation requiring maintenance regimen.
- Diabetes Mellitus with strict guidance and education
- Post-allergic reaction monitoring discharged from the hospital. Pyelonephritis treated with oral antibiotics.
- Deep cuts requiring stitches. Minor burns
- Attention-deficit/hyperactive disorder (ADHD) Anxiety Disorder

What to do if you encounter a family experiencing homelessness:

Contact 211 or complete the FSC Family Service Request Form

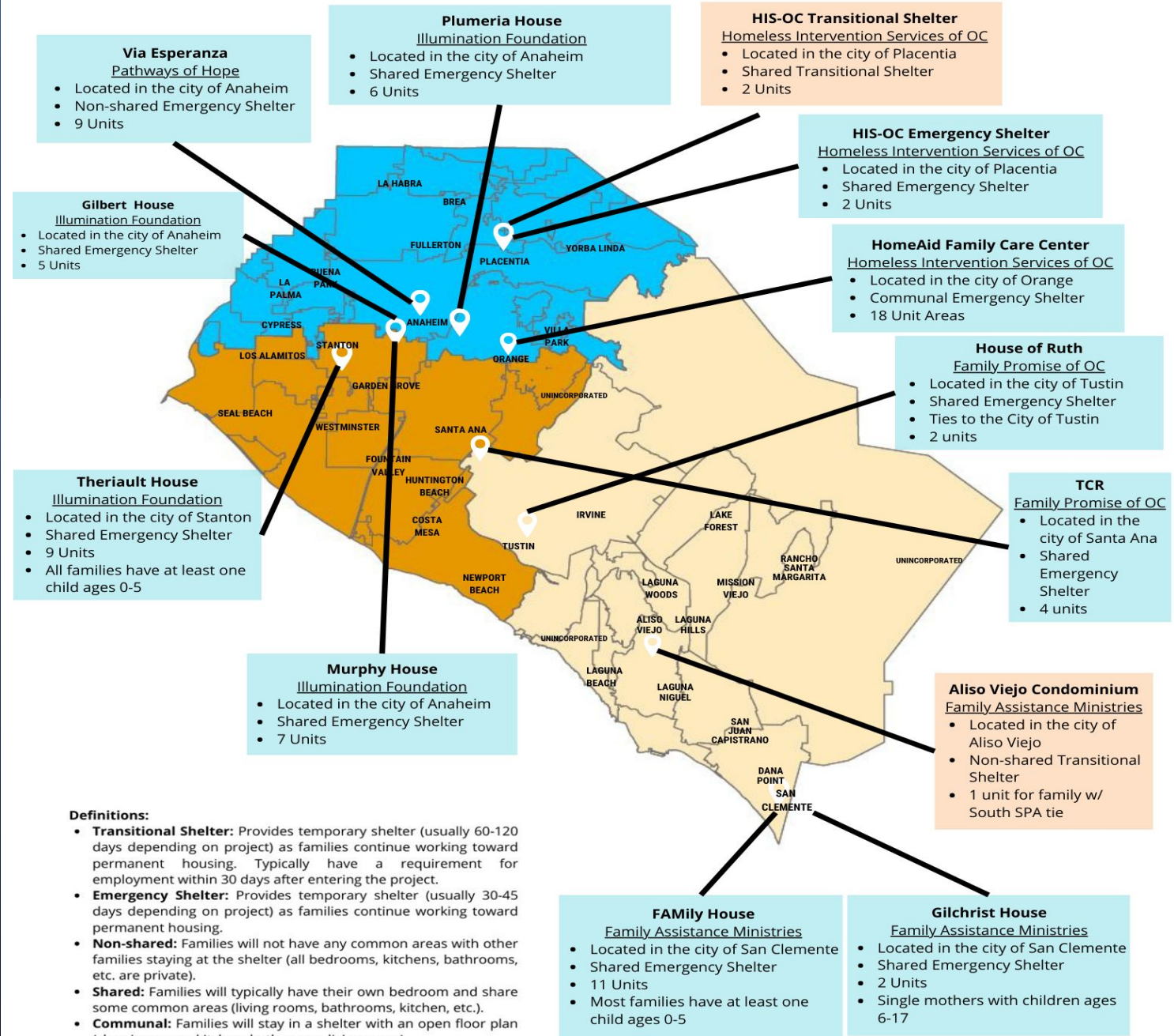The family is routed to an access point that adds them to the Family Coordinated Entry System

Access Point staff assist the family in gathering needed documentation and with other service referrals through weekly care sessions.

Family Service Request Form Link: HERE
20 access points in Orange County
Access points contact referred families within 3 days

Family Shelter Map

Via Esperanza
Pathways of Hope
- Located in the city of Anaheim
- Non-shared Emergency Shelter
- 9 Units

Plumeria House
Illumination Foundation
- Located in the city of Anaheim
- Shared Emergency Shelter
- 6 Units

HIS-OC Transitional Shelter
Homeless Intervention Services of OC
- Located in the city of Placentia
- Shared Transitional Shelter
- 2 Units

HIS-OC Emergency Shelter
Homeless Intervention Services of OC
- Located in the city of Placentia
- Shared Emergency Shelter
- 2 Units

Gilbert House
Illumination Foundation
- Located in the city of Anaheim
- Shared Emergency Shelter
- 5 Units

HomeAid Family Care Center
Homeless Intervention Services of OC
- Located in the city of Orange
- Communal Emergency Shelter
- 18 Unit Areas

House of Ruth
Family Promise of OC
- Located in the city of Tustin
- Shared Emergency Shelter
- Ties to the City of Tustin
- 2 units

Theriault House
Illumination Foundation
- Located in the city of Stanton
- Shared Emergency Shelter
- 9 Units
- All families have at least one child ages 0-5

TCR
Family Promise of OC
- Located in the city of Santa Ana
- Shared Emergency Shelter
- 4 units

Murphy House
Illumination Foundation
- Located in the city of Anaheim
- Shared Emergency Shelter
- 7 Units

Aliso Viejo Condominium
Family Assistance Ministries
- Located in the city of Aliso Viejo
- Non-shared Transitional Shelter
- 1 unit for family w/ South SPA tie

Definitions:
- **Transitional Shelter:** Provides temporary shelter (usually 60-120 days depending on project) as families continue working toward permanent housing. Typically have a requirement for employment within 30 days after entering the project.
- **Emergency Shelter:** Provides temporary shelter (usually 30-45 days depending on project) as families continue working toward permanent housing.
- **Non-shared:** Families will not have any common areas with other families staying at the shelter (all bedrooms, kitchens, bathrooms, etc. are private).
- **Shared:** Families will typically have their own bedroom and share some common areas (living rooms, bathrooms, kitchen, etc.).
- **Communal:** Families will stay in a shelter with an open floor plan (sleeping areas, kitchen, bathrooms, living areas).

FAMily House
Family Assistance Ministries
- Located in the city of San Clemente
- Shared Emergency Shelter
- 11 Units
- Most families have at least one child ages 0-5

Gilchrist House
Family Assistance Ministries
- Located in the city of San Clemente
- Shared Emergency Shelter
- 2 Units
- Single mothers with children ages 6-17

Family Solutions Collaborative
Bed Reservation Map Updated 10.2024

Map locations: LA HABRA, BREA, FULLERTON, YORBA LINDA, PLACENTIA, BUENA PARK, LA PALMA, ANAHEIM, VILLA PARK, CYPRESS, STANTON, ORANGE, LOS ALAMITOS, GARDEN GROVE, UNINCORPORATED, SEAL BEACH, WESTMINSTER, SANTA ANA, FOUNTAIN VALLEY, HUNTINGTON BEACH, COSTA MESA, IRVINE, LAKE FOREST, TUSTIN, RANCHO SANTA MARGARITA, UNINCORPORATED, NEWPORT BEACH, LAGUNA WOODS, MISSION VIEJO, ALISO VIEJO, LAGUNA HILLS, UNINCORPORATED, LAGUNA BEACH, LAGUNA NIGUEL, SAN JUAN CAPISTRANO, DANA POINT, SAN CLEMENTE

What is an Access Point?

- Access points directly assist families experiencing homelessness access and navigate the family coordinated entry system.

- Access point case managers assist families seeking resources by:
  - Assessing them for diversion and connecting them to diversion resources
  - Assessing families and adding them to the coordinated entry system
  - Assisting families with gathering documentation such as homelessness verification required to be matched to shelter or housing resources
  - Advocating for families in FCES "match meetings" during which families are matched to housing opportunities in accordance with prioritization policies
  - Connecting clients with additional resources such as ID waivers and other resource referrals

- Access points accomplish this work by meeting with their clients weekly while they are in the family coordinated entry system.

Illumination Foundation's FCES Access Point

- Illumination Foundation's family Coordinated Entry System Access Point is the Anaheim Service Center (ASC) located at 883 S. Anaheim Blvd, Anaheim, CA 92805.

- Appointments are preferred, but walk-ins are accepted.

- Beyond assistance with family Coordinated Entry System access, Anaheim Service Center staff can refer to any available internal homelessness prevention or rapid rehousing resources.

- The Anaheim Service Center also includes an on-site food pantry for free groceries.

Wrap-Around Services

- Case Management
- Housing Navigation
- Primary Care and Behavioral Health Services - Referrals to CHOC for primary care services
- Developmental Screening
- Parent Education
- Educational Support
- Enrichment Programming
- Income planning including benefits acquisition, referrals to workforce readiness agencies, direct assistance with resume preparation and job search, and budgeting
- Referrals to Enhanced Care Management for Medi-Cal (CalAIM) enrolled households to provide medical coordination services

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Community Partnerships

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- **Health and Wellness**
  - CHOC
  - UCI Eye Mobile
  - UCI Medical School
  - Mini Med School
  - Healthy Smiles Mobile dental mobile clinic
  - CSULB Nursing Program

- **Developmental Screening**
  - OC Screening Registry
  - UCI Center for Autism and Neurodevelopmental Disorders

- **Parenting and Financial Literacy**
  - Priority Center
  - Olive Crest
  - American Consumer Credit Workshops

- **Children's Programing**
  - My Private Professor tutoring
  - School on Wheels
  - Girl Scouts
  - Team Kids
  - Dreams for School

Financial Literacy Classes

Learn about key financial literacy topics from experts in the field.

All classes are from 4:00PM-5:00PM

February 28 — Topic: The Basics of Banking
This presentation shows you how to begin to categorize and sort your income and expenses so that you can have a clear understanding of your financial picture.

March 27 — Topic: How to Cut Expenses to Manage Debt or Deal with Irregular Income
If your monthly expenses outweigh your monthly income, this presentation helps you to analyze your spending, prioritize basic needs, and reduce unnecessary expenses.

April 24 — Topic: How to Save to Reach your Financial Goals
Everyone should have a savings plan. This presentation helps you to set up short-term and long-term savings goals to achieve financial security.

May 29 — Topic: How to Tackle Unsecure Debt
Unsecured debt, like credit card debt, personal debt, medical debt, or unpaid utility bills can go to collection agencies if unpaid. This presentation helps you understand the options and best strategies for managing and paying down unsecured debt.

June 26 — Topic: Drowning in Debt: What are your options?
People frequently are confused by terms like debt management and debt settlement. If debt has become something that you cannot manage on your own, this presentation will help you understand which options might be best suited for your situation and how to take the first step to becoming financially independent.

Sign Up With Site Staff

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Partnerships

- Partnership with CHOC (Children's Hospital of OC) and Center for Autism and Neurodevelopmental Disorders at UCI for prioritized pediatric healthcare visits for children in emergency homes
- Fast-track appointments within the same week at CHOC and fast track for appointments at Center for Autism and Neurodevelopmental Disorders at UCI
- Mentorship and Skill Building: Pediatrician Dr. Greg Kennedy has volunteered his time to provide weekly literacy classes and monthly Mini Medical School sessions for the past four years as well as creating the curriculum for both programs
- Monthly case conferences for staff with Drs. Grover and Kennedy to review health and learning needs of our highest risk children in the emergency homes and to guide referrals for medical care and school-based services

JOIN US FOR

MINI-MEDICAL SCHOOL

WITH DR. GREGORY KENNEDY

February: Intro/Overview & The Heart
March: The Digestive System (GI Tract)
April: Diet and Exercise
May: Mental Health & Senses
June: The Brain
July: Summer Break
August: Summer Safety
September: The Lungs
October: The Bones & Blood
November: Dental & Wrap Up
December: Winter Break

Second Thursday
of Every Month
from 4:00-5:00PM
In-Person Group
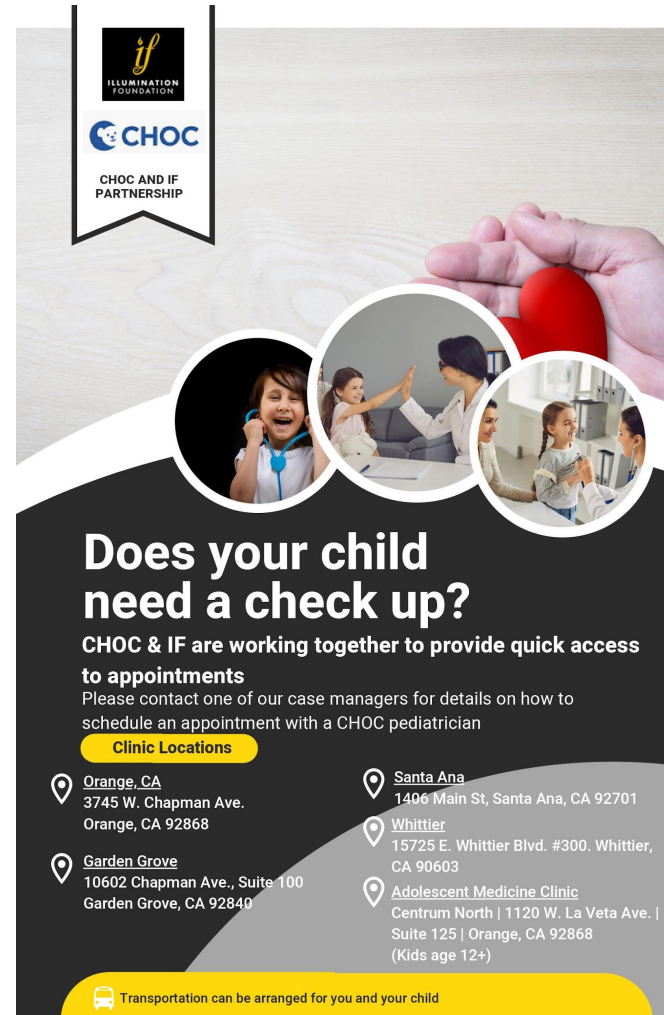
ILLUMINATION FOUNDATION   CHOC

CHOC Partnership

Our partnership with CHOC Children's Hospital connects the children in our family emergency homes with priority pediatric primary healthcare services.

Our Children and Families Program Navigators can provide transportation to appointments and accompany the families to provide any additional support needed.

UCI Developmental Screenings and Referrals

- Families have the opportunity to connect with providers and specialists who can answer any questions or concerns they may have regarding their child's development.

- With the support of the family's navigator and case manager, children are linked to the appropriate referrals to meet their developmental milestones and/or needs.

CHILD DEVELOPMENTAL Screening

THE CENTER FOR AUTISM & NEURODEVELOPMENTAL DISORDERS

ALL CHILDREN LEARN AND GROW AT DIFFERENT PACES.
Do you have questions about how your child is growing?
Have teachers or friends told you that your child is "behind"?
Come and learn about how all children develop at their own pace on **January 26th** from **9AM - 10 AM.**

Children ages 16 months through 5 years are welcome!

SERVICES AVAILABLE IN ENGLISH

JAN | **26**th | 9AM - 10 AM | LOCATION: ZOOM

You will be able to:
- Learn more about your child's development
- Identify any delays or concerns early
- Connect to resources to support your child's needs

OUR TEAM WILL MEET WITH YOU ON A 1:1 BASIS SO THAT WE CAN GET TO KNOW YOUR CHILD AND ANSWER YOUR QUESTIONS ABOUT THEIR DEVELOPMENT.

COMMUNICATION BEHAVIOR | EMOTIONAL REGULATION ADAPTIVE FUNCTIONING | MOTOR SKILLS SOCIAL SKILLS

STAY CONNECTED!
@thecenter4autism
www.thecenter4autism.org

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Client Stories

Monique and Stephanie found a safe place for their kids to recover

Our children's recuperative care is a refuge for families like Monique and her 11-month-old daughter who was suffering with respiratory problems. The Children and Families Recuperative Care ensured they had a safe place to go during their transition from the hospital to housing.

Another grateful family is that of Stephanie and her 8-year-old son, Brandon. They were able to transfer to the children's recuperative care home from our Santa Ana Navigation Center after Brandon had a seizure. He was referred to CHOC and diagnosed with epilepsy. He's now on medication and stable.

Erin's Journey to Success

Erin, a single mother of three, found herself at a crossroads when her partner, the father of her two youngest, abandoned her. Seeking refuge from his substance use and violent tendencies, she found a safe haven at Illumination Foundation's Bob Murphy House Family Emergency Home. Erin immediately felt an overwhelming sense of relief and safety for her young family.

The Children and Families Program staff welcomed Erin with open arms, providing her with not only shelter but also a renewed sense of hope. Her compassionate case manager helped Erin set goals to stabilize her income. Despite the crushing weight of her responsibilities, Erin juggled part-time work at both a local restaurant and a food delivery service, determined to provide for her children.

Continuing her education seemed like an unreachable dream, but the staff saw her potential and showered her with encouragement. Their belief in her ignited a spark within Erin, and she has enrolled in a nearby community college. Her ultimate dream is to run her own nonprofit, inspired by the kindness she received.

During her stay, Erin's dedicated housing navigator worked tirelessly to secure a housing voucher for her. After seven months of unwavering support and care, Erin and her children moved into an apartment where they could feel safe and call their own. The day they turned the key to their new home was filled with tears of joy and gratitude.

Erin remains deeply thankful for the Illumination Foundation staff who embraced her during her darkest times, forming bonds that continue to inspire her journey.
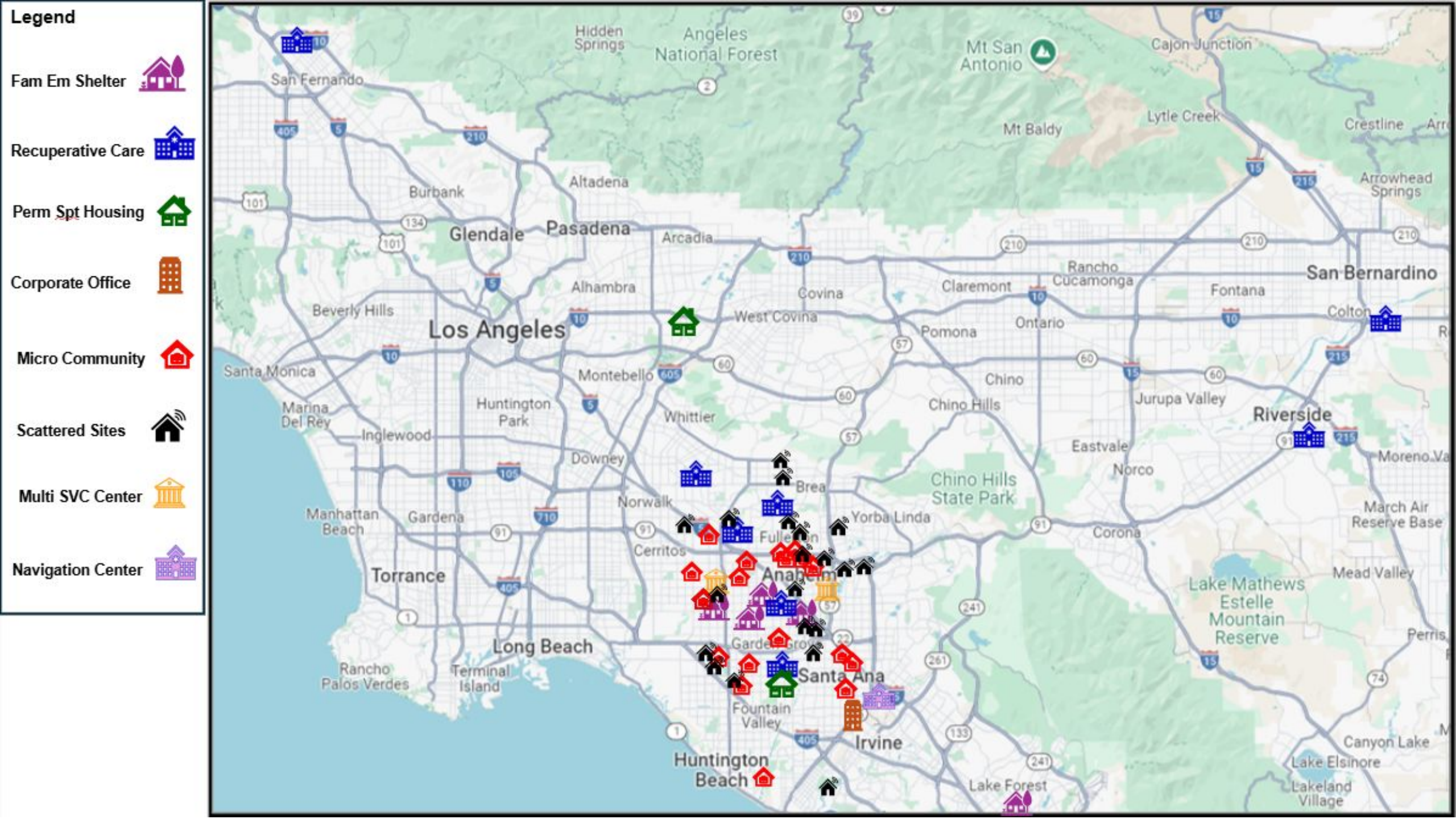
Maria's New Beginning

After enduring the immense hardships of domestic violence and facing numerous health challenges, Maria, a courageous single mother, sought refuge at the Bob Murphy Family Emergency Home with her teenage daughter and their emotional support dog. Illumination Foundation played a pivotal role in transforming their lives, offering them not just shelter but a beacon of hope.

The compassionate staff at the shelter, driven by the Illumination Foundation mission, embraced Maria and her family with open arms, creating a sanctuary where they felt safe and supported. Maria's dedicated case manager met with her weekly, helping to schedule vital appointments and prioritize her health needs.

Determined to rebuild her life, Maria eagerly engaged in every opportunity for personal growth and skill development offered by Illumination Foundation's Children and Families Program. She immersed herself in parenting classes, therapy sessions with the on-site therapist, housing navigation services, and the supportive social events that brought the community together.

As Maria's health stabilized, her outlook on life became brighter. The unwavering support and comprehensive services provided were instrumental in her recovery.

Today, Maria and her family are thriving in a cozy two-bedroom apartment they proudly call home. Their hearts are filled with profound gratitude for the second chance given by Illumination Foundation. Through their support, Maria, her daughter, and their beloved dog have found a new beginning, filled with hope, stability, and happiness.

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Legend

- **Fam Em Shelter**
- **Recuperative Care**
- **Perm Spt Housing**
- **Corporate Office**
- **Micro Community**
- **Scattered Sites**
- **Multi SVC Center**
- **Navigation Center**

HOMELESSNESS HAS MANY FACES

YOU
can help disrupt the cycle
of homelessness.

DONATE | VOLUNTEER | EDUCATE | ADVOCATE

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Follow us on Social Media:
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Thank you!