



# Show Me the Facts

## Pregnancy and the COVID-19 Vaccine

According to the Centers for Disease Control and Prevention (CDC), **COVID-19 vaccination is recommended** for all people aged 12 years and older, including people who are **pregnant, breastfeeding, trying to get pregnant** now, or **might become pregnant in the future**<sup>1</sup>

### *Did you know that...*

Pregnant women and women who recently gave birth are more likely to get severely ill with COVID-19, compared with non-pregnant women<sup>2</sup>

According to a recent study, **unvaccinated pregnant mothers** who contracted COVID-19 were **significantly more likely to experience neonatal complications, severe maternal morbidity, and mortality** than pregnant mothers who were vaccinated<sup>2</sup>

**Breast milk of vaccinated mothers contains COVID-19 antibodies** – these antibodies can be passed along to the baby when breastfeeding<sup>3</sup>

A recent study by Harvard and other top Massachusetts hospitals found that pregnant women who have been vaccinated can **transfer COVID-19 antibodies to their newborns through the placenta**<sup>4</sup>

Sources (click link to view source):

1: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html>

2: <https://jamanetwork.com/journals/jamapediatrics/fullarticle/2779182>

3: <https://jamanetwork.com/journals/jama/fullarticle/2778766>;

4: <https://news.harvard.edu/gazette/story/2021/03/study-shows-covid-19-vaccinated-mothers-pass-antibodies-to-newborns/>