

POOL SAFETY



Children & Families
Commission of Orange County



Never leave a child alone near **ANY** body of water!

SUPERVISION



- Your child could drown without a sound, even in a few inches of water.
- Stay within arm's length of your young child, providing "touch supervision" at all times.
- Never leave your child alone or in the care of another child in or around water.

BARRIERS

The fence is the best defense



- Must be at least 4 feet high, unclimbable, and surround the pool or spa on all 4 sides.
- Should completely separate the pool from the house and play area of the yard.
- The fence gate should open away from the pool, be self-closing and self-latching, with the latch higher than your child's reach.
- Alarms and pool covers should *not* be used as a substitute for a fence.

PREPARATION



- Learn child CPR and first aid.
- Bring a phone with you to the pool, in case of an emergency.
- In an emergency call 911.
- U.S. Coast Guard approved rescue equipment by the pool:
 - Life preserver
 - Shepherd's hook
 - CPR instructions posted

Swimming lessons will not provide "drown proofing" for children of any age.

For ordering and reprinting information, please visit our website: www.aap-oc.org

