

# The COVID-19 Delta Variant

## What is the Delta Variant?

The Delta Variant is the version of the virus that is now the dominant COVID-19 variant seen in the United States. It has a change in its virus structure that makes it easier to infect people compared to other variants.



### What are the symptoms of the Delta Variant?

Delta symptoms are not very different from other versions of the virus; however, they may cause people to get sick faster. Symptoms can include cough, shortness of breath, fever, chills, muscle pain, headache, sore throat, and new loss of taste or smell.



### Are the COVID-19 vaccines we have effective against Delta Variant?

Yes, all currently available vaccines in the United States reduce the possibility of catching the Delta Variant or any other COVID-19 variant, getting very sick, being hospitalized or dying.



### Who is at risk of getting sick or hospitalized from the Delta Variant?

Unvaccinated people are at higher risk of becoming infected with the Delta Variant and getting sick or hospitalized.



### What is the best way to protect yourself from the Delta Variant?

Getting vaccinated is the best way to protect yourself from getting sick with COVID-19 and passing the virus to others.



### Can vaccinated people infected with Delta Variant transmit the disease?

Individuals who are fully vaccinated are much less likely to become infected and spread the virus to others; however, those who are vaccinated and do get COVID-19 either do not have symptoms or have only mild symptoms. Vaccinated people in close contact with others who are at higher risk (immunocompromised, unvaccinated) or who are high-risk themselves should take further precautions.



## Protect yourself and others:

### VACCINATE

Get vaccinated and complete your second dose as soon as possible! Find an appointment at [www.Othena.com](http://www.Othena.com), or call the OC COVID-19 Hotline for assistance at 714-834-2000.

### TEST

Get tested if you are experiencing COVID-like symptoms (cough, runny nose, fever) whether or not you are vaccinated or if you are concerned because you are in close contact with someone else who has COVID-19:

- Contact your local Health Care Provider or order a kit to test yourself at home:  
<https://ocCOVID19.ochealthinfo.com/covid-19-testing>
- Stay home if you are sick
- Follow work/school testing recommendations

### PREVENT

Take other precautions to limit the risk of catching or spreading COVID-19:

- Wear a mask indoors in public spaces
- Avoid crowded areas
- Maintain physical distance when in poorly ventilated areas
- Wash your hands/use hand sanitizer regularly

#### Testing



#### Vaccine Facts



Scan the following QR codes on your mobile phone for more information about: