

South Orange County Depression Coalition

Agency Resource Guide for Mental Health

Legend: E=English S=Spanish V=Vietnamese F=Farsi

Name	Profession Certification	Location Phone	Language	Cost	Description/Services
Age-Well Sr. Services	Case Mgt, RN assess,	24300 El Toro Rd., Ste. A-2000 Laguna Woods, CA 92637 (949) 855-8033	E S	No Cost	Older Adults, Individual Depression In-home Case Management
Aging & Disability Resource Connection	Health Ed, SW, Interns, Advocates	24012 Calle De La Plata #110 Laguna Hills, CA 92653 or 13272 Garden Grove Blvd Garden Grove, CA 92843 1-800-510-2020 www.adrcoc.org	E S	Has multiple services: Call for cost of services needed; Some services no cost	Adult, Family, Older Adults, Individual, Groups Depression, Anxiety, Peer Counseling, Mobility Navigation
Alzheimer's Assoc	Health Ed, SW, Interns	17771 Cowan Ste 200 Irvine, CA 92614 (949) 955-9000 www.alz.org/oc	E S	No Cost	Adult, Family, Older Adults Individual, Groups, Depression, Anxiety, Anger Management Bereavement, Caregivers
Capistrano Unified School District (CUSD) Family Resource Center	LMFT, LCSW	1101 Calle Puente, Room 38 San Clemente, 92672 (949) 234-5597 www.capousd.org	E S	No cost counseling for Capistrano unified school district clients & low-cost students and parent classes	Only offer services for School district students and their families Individual, Groups Children/youth and Family counseling. Parenting classes and child/youth classes Depression, Anxiety, Anger Management Bereavement, Domestic Violence and Relationship Issues.

Capo Beach Calvary (Counseling, addiction issues, recovery, enrichment)	Psychologists, MFTs, MFT interns	25975 Domingo ave Capistrano Beach, 92624 (949) 493-2006	E	No cost and Sliding scale offered	Teen, Adult, Older Adults, Family Individual, Groups Parenting, Divorce Issues, Adjustment problems, Anxiety, Depression, ADD/ADHD, Abuse Trauma, Eating Disorders, Substance Abuse, Grief and Loss and several 12 step groups and Spiritual guidance
Caregiver Resource Center	MSWs, Case Managers	2767 E. Imperial Hwy., 2nd Floor Brea, CA 92821 (800) 543-8312 www.caregiveroc.org	E S	No cost	Adult, Family, Older Adults Individual Depression, Anxiety Caregiver Emphasis
Human Options	LMFT, LCSW	1920 Warner Ave, Santa Ana, 92705 (949) 757-3635	E S F	No cost, Sliding scale offered	Individual, Family and Children counseling on Domestic Violence. Personal Empowerment classes (offered at South Orange County Family Resource Center, 23832 Rockfield blvd. Ste. 270 Lake Forest, 949-364-0500)
CHEC Family Resource Center	ACSW	27412 Calle Arroyo Juan Capistrano, 92675 (949) 489-7742	San E S	Sliding scale offered	All Ages Individual, Woman's Support Group Depression, Anxiety, Anger Management Substance Abuse
Child Guidance Center, Inc.	LCSW, LMFT, Psychologists	27451 Los Altos, Ste 240 Mission Viejo, CA 92691 (949) 582-3958 or 525 Cabrillo Park Dr. Ste 300 Santa Ana, CA 92701 (714) 953-4455 www.cgcoc.org www.pcitmethod.com	E S	PPO - Sliding scale in MV office Medi-Cal, CalOptima Sliding scale in Santa Ana office	All Ages, Individual, Family and groups counseling services Depression, Anxiety, Anger Management Domestic Violence, Family Violence, Child Abuse, Parenting classes, Parent-Child interaction therapy. Divorce Issues
Community Counseling Center	MFTs	27322 Calle Arroyo Ste. B San Juan Capistrano, 92675 (949) 493-7333	E	Sliding scale offered	All ages, Individual, and Groups Deression, Anxiety, Anger Management Domestic Violence Parenting classes

Cordes Counseling Centers	MFTs, Interns	27001 La Paz Rd. Ste. 226B Mission Viejo, 92691 (949) 380-1717 http://cadomesticviolence.net/	E S	Sliding scale offered	All ages Individual and Groups Anger management, Domestic Violence Substance abuse, Parenting Classes and child abuse
Jewish Family Services of Orange County	MFTs & Interns	1 Federation Way Ste. 220 Irvine, 92603 (949) 435-3460 www.jfsoc.org	E	Sliding scale offered based on family income	All Ages, Individual and Groups Depression, Anxiety, Anger Management Bereavement, Domestic Violence Women's support groups
Laura's House Counseling Center	MFT	999 Corporate Dr Ste. 225 Ladera Ranch, 92694 (949) 240-0363	E S	Sliding scale based on income starting at \$25.00 will work with each individual situation no one turned away	Age 5 up to older adult Individual and Groups, offers classes Domestic Violence, Family Violence and Elder Abuse Instruct client to call hotline for services 1-866-498-1511
Living Success Center	MFT interns & trainees	445 E. 17th St Ste. E Costa Mesa, 92627 (949) 645-4723 www.livingsuccesscenter.org	E	Offer sliding scale based on income, number of people in the family and ability to pay. No one is turned away due to inability to pay.	All ages, Individual and Groups Depression, Anxiety, Anger Management, Bereavement, Domestic Violence Agency in Laguna Hills also- Call Costa Mesa Phone Number for locations
Mission Hospital Women's Wellness Center	RN	Mission Hospital - Women's Wellness Center 26732 Crown Valley Parkway, Ste 171C Mission Viejo, CA 92691 Facilitator: Sue Harrison RN, BSN 949-365-3818 Mission4health.org	E	Free	Post Partum Depression Support Group Meets every Tuesday 10:00-11:30 AM Classroom #1
NAMI O.C.	MDs, LCSWs, MSWs, and Peer Facilitators	1810 E. 17th St. Santa Ana, CA 92705 8488 (714) 544-namioc.org	E S V F	No charge	Educational and support groups for both individuals with any mental health diagnosis and their friends or family members. Groups include Family to Family, Peer to Peer, and Connection and are offered throughout Orange County.

Omid Multicultural Institute for Development (OMID)	LCSWs, MFTs, Psychologists	4199 Campus Drive, Ste. 550 Irvine, CA 92612 949-509-6542	E F	Sliding scale based on family income	Serving Diverse Community of Iranian-Americans
OCHCA Children & Youth Services	MFTs	26891 Spring St. San Juan Capistrano, 92675 (949) 496-2931 http://ochealthinfo.com/behavioral/cysclinics.htm Main office (949)-499-5346	E S	Sliding scale based on family income and number of dependence each cases is individually evaluated, annually based fee	Children and youth up to age 18, Individual Ask for the officer of the day to request services Medi-Cal clients and low income Depression, Anxiety, Anger Management Domestic Violence
Orange County Post Partum Wellness (OCPW)	Psychiatrists, LMFTs, Interns, ACSWs, RNs	792 W. Town & Country Rd, Building E Orange, CA 92868 480-5160 (714)	E V S	No charge (funded by MHSA)	Serve women with post-partum depression until child is of 1 year of age. Located in Orange, but conduct home visits.
Pepperdine University Counseling	MFTs, Psychologists, interns, trainees	18111 Von Karman Ste. 401 Irvine, 92612 (949) 223-2570 http://gsep.pepperdine.edu/clinics/irvine/	E	Sliding scale based on family income and number of dependents in home	All Ages Individual and Groups Depression, Anxiety, Anger Management Bereavement, Domestic Violence, Post Partum Depression, Substance Abuse
Pilgrimage Family Therapy	MFTs, interns, trainees	23201 Mill Creek Drive Ste. 220 Laguna Hills, 92653 (949) 460-5320 www.pilgrimage-oc.org	E S F	Sliding scale offered	All ages Individual and Groups, Depression, Anxiety, Anger Management Bereavement, Domestic Violence, Substance Abuse
Shanti Orange County	Clinical Psychologist	22722 Lambert St. Ste. 1711 Lake Forest, 92630 (949)452-0888	E	Sliding scale offered	Adult:18 years and Older Adult Individual and Groups therapy Depression, Anxiety, Substance Abuse HIV/AIDS, LGBT issues
South Orange County Family Resource Center	MFTI, LCSW, Master Level Interns	23832 Rockfield Blvd., Ste. 270 Lake Forest, CA 92630 (949) 364-0500 www.socfrc.org	E S	Sliding scale offered	All Ages, Individual & Groups Depression, Anxiety, Anger management Bereavement, Domestic violence, Post Partum Depression

Susi Q	LMFTs	380 Third St. Laguna Beach, CA 92651 (949) 497-2441	E	Sliding scale offered	Senior women. groups. Depression, Anxiety Individual and In-home support.
Western Youth Services	MFTs, Psychologists, Psychiatrists	26137 La Paz Rd. #230 Mission Viejo, 92691 (949) 595-8610 or 31882 Camino Capistrano Ste. 108 San Juan Capistrano, 92675 (949) 487-6080	E S V	Medi-cal eligible clients only	Children up to age 22, Families of children under 22 Individual, family and groups In-Home Parent Support, Parent Child Interactive Therapy, Family Functional Therapy, Depression, Anxiety, Anger Management, Domestic violence, Asperger's Dx, Some Diagnosis, - call for more information